

Definition of stability added to GSC emergency travel benefit booklet wording

Your GSC travel benefit does not reimburse expenses for pre-existing or pre-diagnosed medical conditions that are not stable for 90 days before departure. As it's important to understand what this means, we are revising the current language in your benefits booklet to help you assess the stability of your condition before travelling.

Your benefits booklet will be updated with new and improved language the next time it is reprinted or re-posted. In the meantime, here's the definition of "stable" for your reference:

Stable means that during the 90 days immediately preceding your departure:

- a) your pre-existing/pre-diagnosed medical condition:
 - has been controlled by the consistent use of the same medications and dosages (excluding changes in medication that regularly occur as part of your ongoing treatment, or decreases in dosage resulting from an improvement in your preexisting or pre-diagnosed medical condition) prescribed by a legally qualified medical professional;
 - *ii)* has not, in the reasonable opinion of a legally qualified medical professional, required additional treatment for a recurrence, complications or any other reason related either directly or indirectly to your pre-existing or pre-diagnosed medical condition;
- b) you have not consulted a legally qualified medical professional for, or had investigated or diagnosed, a new medical condition for which you have not received medical treatment;
- c) you have not scheduled/are not awaiting any future appointments for non-routine examinations, tests or investigations (including results) for a potentially undiagnosed medical condition; and
- d) you have not scheduled/are not awaiting any exploratory surgical procedures for an undiagnosed medical condition or surgical procedures for a diagnosed medical condition.

For all other information about your emergency travel coverage, refer to your benefits booklet.